

October 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Yoga: 10:30 am Media Center Zumba Gold 3pm Media Center Pub Night 5:30pm-7pm Clubhouse	2 Continental Breakfast 8:30 am - 10:00 am Lounge Jewelry Class 10am Lounge Water Fitness 1pm	3 Stretch & Flexibility: 9:00 am Media Center Movie Night "Airplane" 3pm & 5pm Media Center	4 Continental Breakfast 8:30 am - 10:00 am Zumba Gold 11:00 am Media Center	5 Gym Circuit Class 11am Fitness Center Classic Movie Night "The Phantom of the Opera" 3:00 pm Media Center	6 Saturday Brunch 10:00am -11am Lounge Saturday Night Social 5:30pm-7:30pm see flyer in mail
7 Resident Game "Joker" 3pm Lounge	8 Yoga: 10:30 am Media Center Zumba Gold: 3:00 pm Media Center	9 Continental Breakfast 8:30 am - 10:00 am Lounge Jewelry Class 10pm Lounge Water Fitness 1pm	10 Stretch & Flexibility: 9:00 am Media Center No Move Oct. Happy Birthday Treat in office from 9-5:30	11 Continental Breakfast 8:30 am-10:00 am Lounge Zumba Gold 11:00 am Media Center BINGO 3pm-4pm Lounge	12 Gym Circuit Class 11am Fitness Center Classic Movie Night "Midnight Lace" 3:00 pm Media Center	13 Saturday Brunch 10:00am -11am Lounge Saturday Night Social 5:30pm-7:30pm see flyer in mail
14 Resident Game "Joker" 3pm Lounge	15 Yoga: 10:30 am Media Center Zumba Gold: 3:00 pm Media Center	16 Continental Breakfast 8:30 am - 10:00 am Lounge Jewelry Class 10am Lounge Water Fitness 1pm	17 Stretch & Flexibility 9am Media Center No MOVE Pink Party 6:30pm-8pm Lounge	18 Continental Breakfast 8:30 am - 10:00 am Lounge Zumba Gold 11:00 am Media Center	19 Gym Circuit Class 11am Fitness Center Classic Movie Night "Charade" 3:00 pm Media Center	20 Saturday Brunch 10:00am -11am Lounge Saturday Night Social 5:30pm-7:30pm see flyer in mail
21 Resident Game "Joker" 3pm Lounge	22 Yoga: 10:30 am Media Center Zumba Gold: 3:00 pm Media Center	23 Continental Breakfast 8:30 am - 10:00 am Lounge Jewelry Class 10am Lounge Water Fitness 1pm	24 Stretch & Flexibility: 9:00 am Media Center Movie Night: "Hoosiers" 3pm & 5pm	25 Continental Breakfast 8:30 am-10:00 am Lounge Zumba Gold 11ap MC Pumkin Patch Paint Party 3pm-4pm Lounge	26 Gym Circuit Class 11am Fitness Center Classic Movie Night "Little Shop of Horror" 3:00 pm Media Center	27 Saturday Brunch 10:00am -11am Lounge Saturday Night Social 5:30pm-7:30pm see flyer in mail
28 Resident Game "Joker" 3pm Lounge	29 Yoga: 10:30 am Media Center Zumba Gold: 3:00 pm Media Center	30 NO Continental Breakfast Water Fitness 1pm Halloween Dinner Party 5pm-7:30pm Costumes Optional	31 Stretch & Flexibility: 9:00 am Media Center Movie Night: "Back To The Future" 3pm & 5pm			24299 Paseo de Valencia Laguna Woods, CA 92637 PHONE: 949.472.8245 FAX: 949.472.8428 Sansebastian@greystar.com www.LiveSanSebastian.com

Happy Birthday!!
Join Us In The Office On Wednesday, 10/10/18 from 9am-5:30pm
To Enjoy Your October Birthday Treat!